

EAST VALLEY ENT

Sialadenitis is inflammation of a salivary gland. Often caused by dehydration or decreased flow of fluids to the gland.

- Hydrate!** Drink lots of fluids.
- Warm Packs** - on/off 5 min
- Gentle Massage** at affected area
- Suck on lemon flavored candy**
- If applicable, an **antibiotic** will be prescribed - this is not always necessary in treatment though.

SIALADENITIS