

EAST VALLEY ENT

- ❑ Vent tubes should remain in place for roughly 6 months. They are designed to naturally fall out into the ear canal – not the middle ear.
- ❑ Water should not be allowed to enter ears that have had vent tubes placed in the eardrums. If water finds its way into the middle ear, pain and infection can result. We recommend the routine use of earplugs with a bathing cap (especially if swimming in the ocean).
- ❑ To prevent damaging the eardrum, do NOT insert anything into the ear (including Q-tips).
- ❑ Children may resume normal activities and return to school/daycare the day after surgery. Adults may resume normal activity immediately (unless given general anesthesia).
- ❑ Please note: A little grey, brown, or blood-tinged drainage is relatively common during the first few days after the procedure. Drainage should resolve after 5 to 7 days. A prescription for eardrops will be dispensed if needed.

MYRINGOTOMY/ VENT TUBES